

Lenten sermon series: “God on the Move: Exploring God’s Work Through the Travels and Teachings of Jesus”

Jesus didn’t stay still. His ministry was one of movements; traveling from town to town, meeting people in their joys and struggles, teaching, healing, and ultimately walking the road to the cross. But Jesus didn’t just move across the map; he moved through the full depth of human experience—temptation, rejection, celebration, suffering, and even death.

This Lent, we follow in his footsteps. As we journey through Jesus’ ministry—from the wilderness of temptation to the crowded streets of his teaching, from miraculous moments to the painful road to the cross—we recognize that encountering Jesus means change. We cannot stay the same. Jesus’ movement stirs us, challenges us, and calls us to transformation.

The good news is that we do not journey alone. The same God who moved through Jesus’ life and ministry is still on the move today, walking with us through our own struggles, questions, and growth. As we travel the road to Easter, we trust that God is with us, guiding each step, drawing us closer to Christ, and shaping us into people of the resurrection.

LENT LUNCHESES & DEVOTIONS

In 2025 we’ll continue our tradition of noon lunches and devotions during the season of Lent. Join us from 12-1pm for delicious potluck lunches and a thoughtful time of song, prayer, and discussion. Our Lent theme will be **‘How Sweet the Sound’** - Amazing stories and grace-filled reflections on beloved hymns and gospel songs. A sign-up for lunches will be available in the church. Last year we had a great response, and people brought a main course or dessert maybe twice each and helped serve, and were able to receive a beautiful variety of food the rest of the lunches. **Lent lunches will run March 12th, 19th, 26th, April 2nd, April 9th at noon.**

**Zion’s Fish Fry**

Friday March 7th from 3-7pm

Come enjoy a delicious COD dinner with mashed potatoes, cream corn, coleslaw, a dinner roll and dessert. \$15 for adults. \$10 for children. Tickets will be sold at the door. Volunteers needed in the kitchen, serving, and cleaning! This event supports Zion's General Fund. Reach out to Joe Stenvold or our Office Manager Amanda Babcock.



Nominations

I would like to extend a gracious thank you to our nominations committee who worked diligently to have an almost complete ballot for 2025. At the time of our annual meeting, we had available spots open. Since then, we have had a member elected on the floor for council, leaving us with only two spots open for the Western ND Synod Assembly. Thank you to all who said yes, and to those who are outgoing members. We could not do the wonderful ministry we do at Zion and in our community without you. Here are your new and returning representatives for council, trust, nominations, Metigoshe, and MSU LCM.

Church Council

Joe Stenvold
Amanda Winkels
Matt Sundahl
Harry Summers
Sherry Broderick
Kinley Gruenberg
Rondi Deaver
Nicole Martin

Trust Committee

Dan Boyce
Dennis Nordquist
Karen Hennesey
Heather Kippen
Shelly Cole
Zach Aller
Bill Thomas
Carrie Francis
Doug Tiedman
Julie Huetll
Mike Uran
Michael Peterson
Brian Eichhorn
David DeMers

Nominations Committee

Teresa Berntson-Hyson
Justin Hochhalter
Hope Nelson
Jacky Smith
Kim Tiedman
Kayla Cole
Erin Heninger

Metigoshe Ministries Annual Meeting Representatives – Katie Sundbakken and Kristin Sundbakken

MSU LCM Representatives – Diana Stephens and Brooke Plorin

Respectfully Submitted by,
Pastor Natasha Kolles support staff for Nominations Committee

If you're interested in being a Western ND Synod assembly representative, it is May 30th-June 1st in Minot. If you are interested in going, talk to one of the pastors.

Support Our New Gas Voucher Program!

Caring for one another is at the heart of our mission at Zion. One way we've lived this out is by providing Marketplace gas stamps for those in need. However, with the grocery store program transitioning to an app, it is no longer a viable option for us.

Thanks to the efforts of our Community Outreach Team, especially Melody Sundbakken, we're excited to introduce a new **Gas Voucher Program** in partnership with Simonson Gas Station.

To ensure we can continue offering this support, we're inviting **Zion members to sponsor a month of gas vouchers**. Each month, our goal is to provide a minimum of \$100 in assistance, which equates to **five \$20 gas vouchers**. A \$100 minimum ensures we can provide meaningful assistance to multiple individuals throughout the month, rather than just one-time or limited support.

You can sign up for a month through **SignUp Genius**—whether as an individual, a family, a group, or anonymously. Once signed up, you can contribute in one of two ways:

- Bring a **minimum of \$100** to our Office Manager.
- Donate via **RebelGive** by selecting the "Community Outreach" line and noting in the memo: **"Gas Vouchers for (Month)."** This qualifies as a charitable financial gift for tax purposes.

Your generosity helps provide much-needed assistance to those facing financial hardship. Thank you for being part of this ministry!

IN MEMORY OF KEN BLOCK

Community Outreach

Dalton & Lillian Kohlman



IN MEMORY OF KAY MATTERN

Undesignated

Mavis Meyer

IN MEMORY OF ALLEN SUTTER

Undesignated

Dennis & Jenelle Krueger
Avis Mathis
Eleanor Berg
Marlys Sundbakken

IN MEMORY OF TODD ASENDORF

Undesignated

Paula & Rich Jenson
James & Sue Robb
Heather Kippen

Butch & Ruth Ann Rexine
Bruce & Linda Christianson
Teresa Berntson Hynson

General

Carmen & Edgar Wheeling
Brian & Julie Troxel

Pat White



February 2025- Baptisms

February 2025-Funerals
Todd Asendorf 2/11



Designated funds to which you may donate in memory/honor of someone:

Zion General Fund ~ Building Fund ~ Community Outreach ~ Education
Music Ministry ~ Outdoor Enhancement ~ Trust ~ ZLCW

*If no specific fund indicated, gifts go to the
Undesignated Memorial Fund*

Easter Flowers

Zion will decorate with Spring flowers again this year with a suggested donation of \$5.00, \$10.00 or \$20.00 to help cover the cost of the flowers. Your contribution may be designated In Memory/In Honor/In Celebration of someone. Use the form below or if using the form online, click the green "Give" button at the bottom right of your screen and follow the prompts choosing the Easter Flowers.

Deadline for all submissions: Sunday, April 6th

For Easter, the sanctuary will be decorated with spring flowers.

Easter Flower donation \$5 \$10 or \$20

In memory of _____

In honor of _____

In celebration of _____

From _____

Scan for Online
Form



***To have your loved one(s) name listed in the Easter bulletin,
please return this form to the church office by Sunday, April 6th***

The following groups & ministries are happening now! You are invited to attend any of the following (*bring a friend*):



Men's Breakfast

Come and have breakfast with Zion dudes/fellows/gentlemen where you will eat, pray, and talk. Dick Butts, Rich Jensen, and Shelley Cole will be hosting breakfast and Ordean Huus will lead the devotions. This group meets once a month.



Next meeting is Saturday, March 15th @9am

Widows & Widowers
Support & Treats with Pastor Elaine. The next meeting is
Wednesday, March 5th @1pm



Shawl Ministry
Meets @ 5:30pm on the 2nd Tuesday of the month in Youth Room.



Yarn is available if you wish to make shawls at home.

Prayer Shawls are given to people who are seriously ill or grieving.



Meets @ 2pm on the 2nd Thursday of the month in the Board Room.

This circle joins together for a monthly Bible study led by one of our pastors. Contact the office for more information.

Next meeting is Thursday, March 13th @2pm

Sisterhood Ministry
Meets monthly



Meet other women of the church while learning, celebrating and being a servant of God through monthly service projects throughout the year.



Quilting Ministry
Meets @ 9am on the 3rd Monday of the month in the Fellowship Hall.

Many hands are needed to cut pieces, pin, sew and tie.

No experience necessary!

Next meeting is Monday, March 17th @ 9am.

Holy Listening

Meet with a new speaker once a month in the backroom of Bootlegz. We've had all kinds of speakers in previous years. We've had first responders, business owners, etc.

Speaker and date to be Announced



Meets every Tuesday 1pm in room 407. You can use the Southwest entrance

This group meets weekly to enjoy the art of painting. You do not have to know how to paint to join. A short lesson is given at the beginning of the session, then conversation and painting on your own continues until 4pm. Bring your own supplies and any paint medium except oil paints due to allergies.

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Prayer Circle

Gather with others, on the last Wednesday of the month, to pray for people in our congregation, needs in the community, state and world.

Next Meeting: Wed. March 26th at 2pm in the Board Room.

Book Club— **Meets every 2nd Tuesday of the Month at 6:30pm.**

March's book is Just The Nicest Couple by Mary Kubica

Jake Hayes is missing. This much is certain. At first, his wife, Nina, thinks he is blowing off steam at a friend's house after their heated fight the night before. But then a day goes by. Two days. Five. And Jake is still nowhere to be found. Lily Scott, Nina's friend and coworker, thinks she may have been the last to see Jake before he went missing. After Lily confesses everything to her husband, Christian, the two decide that nobody can find out what happened leading up to Jake's disappearance, especially not Nina. But Nina is out there looking for her husband, and she won't stop until the truth is discovered.

*Excerpt from Amazon.com

The Next Book Club Meeting is Tuesday, March 11th at 6:30pm

Coming up!

6– WEEK GRIEF SUPPORT

Grief isn't linear. As C.S. Lewis stated in his book *A Grief Observed*, "Grief is like a long valley, a winding valley where any bend may reveal a totally new landscape." Even Jesus mourned the death of his beloved friend. "Jesus was greatly disturbed in spirit and deeply moved... Jesus began to weep. It's vital in our journey of grief that we support one another, look to scripture for comfort, and to know that we are not alone. You're graciously invited to attend our 6-week grief support group, a safe place to cry, laugh, to be angry; whatever you need.

Dates: Sundays starting March 2nd—April

Time: 6pm-7:30pm

Where: North Board room



If you have any questions, please contact Pastor Natasha
Office: 701-852-1872
Email: pastornatasha001@gmail.com

WEED TRIMMER VOLUNTEERS WANTED



In order to save on lawn maintenance expenses Zion Lutheran is looking to the congregation for volunteers willing to offer some time doing Weed Trimming this spring and summer. A calendar will be available with dates you can sign up. You can offer to help as many times as you like, and arrive whatever time works best for you during the week you commit. One cordless Milwaukee Weed Trimmer will be available for your use, or you may use your own if you prefer. Church will reimburse you for your Weed Trimmer replacement spools. **Two people trimming each week are needed.**

Aprox. 1.5-2hrs each. Trimming will cover around trees, flower beds etc. **We are hoping for around 10 people to sign up to cover the 21 weeks between April 20th-September 14th.** Sign up will be available in the church office and online in March. Help keep Zion beautiful! Our custodian Eric will provide an orientation for all Weed Trimming Volunteers of where trimming is needed on our property and how to utilize our equipment. **Please sign up early so we can provide one orientation for everyone.** Minimum age 16, because of the equipment. It takes our Custodian, Eric many hours a week to mow our 4 acre lot, so weed work is very much needed from others.

Community Outreach Team Meeting

God calls us to love and serve our neighbors, and we have a wonderful opportunity to do just that! We invite you to be part of our **Community Outreach Team**, a group dedicated to sharing God's love through acts of service and connection in our community. Whether you have ideas, a heart for helping others, or just want to learn more, we'd love for you to join us. Our next meeting is on **Wednesday, March 13, at 6:00 PM.**

Lenten and Holy Week Worship Schedule

Ash Wednesday– Wed. March 5th 6:15pm– worship with imposition of Ashes

Palm Sunday– Sun. April 13th 10am—Kids Sabbath with parade of palms

Holy Week– Maundy Thursday– Thurs. April 17th 7pm with choir

Good Friday- Fri. April 18th noon & 7pm with soloists

Easter Sunday– Sun. April 20th 8am & 10am with special music

Financials

	Year to Date
Income	\$45,200.05
Expenses	\$58,474.15
Net	\$(13,274.10)

Thank You

For your continued support of Zion Lutheran and Zion's mission!

Please scan this QR code to give an offering to ZLC



Worship Date	On-Site	Online	Total
Jan 11th, 12th, & 15th	207	290	497
Jan 18th, 19th, & 22nd	170	421	591
Jan 25th, 26th, 29th	221	274	495
Feb 1st, 2nd, & 5th	232	332	564

4 ways to Give

- In Person**
Cash or Check
Use giving envelope in offering plate
- On-line**
RebelGive
for one time giving or recurring giving
www.zionlutheranminot.org
- Mailed In**
Check or in Giving Envelope to
1800 Hiawatha Street SE
Minot ND 58701
- Bank Pay**
Sign up with your bank for recurring giving direct from your account

Every financial gift is important to Zion. If you'd like to register for onlinegiving/automatic giving through Rebel Give. Please contact the church office or click the link on our Zion website. God bless you in your giving.



Did you know that you can use your musical gifts to make a difference in our worship community?

Are you passionate about worship and looking for a way to share your gifts with our community? The Zion Lutheran Worship Team is looking for musicians, vocalists, and anyone who feels called to help create meaningful worship experiences. Whether you've been involved before or are just curious about what it means to serve in this way, we'd love for you to join us! Our next Worship Team meeting will be on **Monday, March 11, at 6:00 PM**. Come, share your ideas, and be part of shaping our worship together. Let's make a joyful noise to the Lord!

**Holy Communion
Education
FED & FORGIVEN**



*There will be a Holy Communion Education/Enrichment Event on **Wednesday, April 16th from 5:30-7:00pm** (there is **NO Church School or worship that evening because it is Holy Week**). This event will be a time of exploring and learning about the sacrament of Holy Communion through a variety of hands on activities. We hold one event in the fall and one event in the spring. These 2 events together give us a broader understanding of Communion from a Lutheran perspective. The events can be done in any order but families are encouraged to attend both events at some point.

***Register BY SUNDAY, APRIL 13th. Online registration can be found on our website under Sign-ups and Forms.**

*Please contact Chris if you would like materials to preview prior to the event. I have age appropriate resources available for preK-adults that can be used to enhance the understanding and appreciation of Holy Communion.

The Lenten Rotation

***Wednesday—March 12, 19, 26, April 2 & 9**

***NO CHURCH SCHOOL MARCH 5th**

***Sunday—March 16, 23, 30, April 6**

***NO CHURCH SCHOOL MARCH 9th**

* **Kids' Sabbath-PALM SUNDAY**

* **April 13th at 10:00am**

*Join us Palm Sunday for a special Kids' Sabbath as we share what we have learned as well as share some special Palm Sunday Music.



***Children's Ministries Team**

*This team helps support the ministry of our children and families through helping hands for some of our projects, but also to help maintain the vision for the ministry we feel God is calling us to here at Zion.



* Our next meeting is **Monday, March 4th at 7:30pm. At Chris's House** This is an important ministry for our children and families. Come be a part of visioning and dreaming about how we can best serve YOU!

CAMP METIGOSHE

* Any Zion Youth attending Camp Metigoshe (or another Bible Camp in Western ND) is encouraged to let us know.



We are putting our Annual Summer—Who's at Camp Board so you can see who is going to camp when!

* **Camp Metigoshe 1/2 Scholarships**—More information about potential scholarships available March 1st.

Food Faith Family Meal Schedule

March Menus

5th	ASH WEDNESDAY- Pizza
12th	Sloppy Joes, tots/fries, salad bar
19th	Oven baked chicken, rice, green beans, salad bar
26th	Pulled pork, Mac n cheese, salad bar

**If your family (or a group of families) would like to sponsor a meal or a portion of a Wednesday meal, please let Chris know.
THANK YOU IN ADVANCE!

*Expenses as of Feb 17th: \$838.26

*Income as of Feb 17th: \$1,426

CONFIRMATION UPDATE

Confirmation dates to add to your calendar!

Wed. March 5th- Ash Wednesday

•NO CLASS for 6th-8th Grade

•First Mentor/Mentee Meeting

Wed. March 12th- 6th-9th grade class

Wed. March 19th- 6th-8th grade class

Wed. March 26th- 6th-8th grade class

UPCOMING FUNDRAISERS

Thank you to everyone that supported us in our February Fundraisers. From our online Silent Auction we brought in \$1380! From our Sweetheart Dinner we brought in \$1,125!

March- Our Seattle Team has decided to try out a brand new fundraiser through *Double Good Popcorn*. Our youth will be sending out links to an online order form for Popcorn! If you would like to order, find a youth going to Seattle or Kortni and we can help you out!

April 13th- Palm Sunday Caramel Rolls!
Everyone's morning sweet treat! Grab 1 or half a dozen to take home! Youth will be selling them before and after worship!

YOUTH GROUP/BIBLE STUDY

9TH-12TH GRADERS

Every Wednesday from 8-9:30pm

Here is your March schedule of Youth Group & Bible Study!

March 5th- NO YOUTH GROUP

March 12th- Bible Study

March 19th- Youth Group

March 26th- Bible Study

KORTNI'S CORNY CORNER

Q: How old are leprechauns?

A: Old enough to remember when rainbows were black & white!

Q: Why is everyone so tired April 1st?

A: Because they just finished a 31 day March!

DID YOU KNOW?

Did you know, this year's Incredible Kids Day lands on March 20th? "*The third Thursday of every March*"

-nationaldaycalendar.com

Without being a parent myself, I feel like I have a lot of knowledge on kids, or at least teens. I have my bachelors degree in elementary education, I worked at Camp Metigoshe for 4 summers and I have now been serving at Zion for 2,354 days as I am writing this. I've worked with a kid or two during my time and one thing continues to stand true every time; kids cease to amaze me.

I have been amazed by some kid's musical abilities while attending Minot High's fall musical. I've been blown away by the amount of time a kid can cut at swim meets. I've seen teens who can give a speech better than I ever will in a room full of their peers at Western ND LYO Gathering. One student made a replica of a Bob Ross painting that would have fouled me for the original. I've watch a kid, grow into one of the most caring kids I know. Point is, kids are incredible in so many aspects of life.

My goal while work with kids is to always lift up those kids and all kids as the strive to better themselves. Telling a kid they are incredible can go a long way. A kind smile and a little encouragement can push a kid to continue to grow in their abilities. This March 20th, tell a kid they are incredible. Words stick with people longer than we know.

*Lord, thank you for incredible kids.
Amen.*

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Zion Lutheran Church
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2025 Council Members

Joe Stenvold President
Amanda Winkels Vice President
Sherry Broderick Secretary
Mike Uran Treasurer
Matt Sundahl
Rondi Deaver
Nicole Martin
Harry Summers

Kinley Gruenberg Youth Member
Lead Pastor Elaine Sveet
Pastor Natasha Kolles

Our Purpose:
Loved by God – Living out the Love of Jesus

Our Guiding Principles:
growing spiritually *to be more like Jesus*
actively caring *for one another*
welcoming and inviting *all people*
giving generously *to join in God's work*
joyfully serving *as Christ's hands and feet*
living faithfully *in daily life*