



Interesting Marriage Statistics

- US marriage statistics reveal that 48% of men get married after falling in love at first sight.
- People are getting married later. In 2022, the median age of first marriage for men was 30, and for women it was about 28.
- The happiest marriages are between an oldest child and a youngest child.
- In 2017, 22% of couples got married in a church, down from 41% in 2009.
- Couples are choosing less traditional locations for wedding ceremonies, such as banquet halls, hotels, country clubs, wineries, rooftops, and museums.
- Couples are turning to civil magistrates or loved ones who obtain credentials, rather than pastors/priests to officiate weddings.
- Generally, people fall in love 3-4 times before marriage.
- Having a shared faith can positively impact marital satisfaction. This is attributed to the values reinforced by religion like forgiveness and commitment.
- Married couples who regularly attend religious services report higher levels of happiness and a lower risk of divorce compared to those who do not attend church together. This is attributed to shared values, social support, and commitment fostered by shared faith.

Zion's mission is 'Loved by God - Living out the Love of Jesus'. Supporting marriages seems beautifully in line with our mission of love. Zion has 676 married members. We are excited to offer a special 'Celebration of Love' in worship on Saturday Feb. 15th. There will be a blessing of marriages and an opportunity for those who choose to 'Renew their Marriage Vows'. We hope you'll join us. There will be a photo area, and Renewal of Vow certificates. A Sweetheart Supper follows worship. Those who are not married are warmly welcomed to come, celebrate love and support our couples. Love is a part of all of our lives. Come share the joy on Sat. Feb. 15th for our 'Celebration of Love' and 'Renewal of Vows' Sat. Feb. 15th at 5pm. Sweetheart Supper in the Fellowship Hall to follow.

"This is my commandment, that you love each other as I have loved you." John 15:12

God of deep love, we thank you for the bonds of family. Bless and strengthen our relationships. Weave our marriages more tightly together, with your love as the strongest thread. Amen

-Pastor Elaine Sweet



Designated funds to which you may donate in memory/honor of someone:

Zion General Fund ~ Building Fund ~ Community Outreach ~ Education
Music Ministry ~ Outdoor Enhancement ~ Trust ~ ZLCW

*If no specific fund indicated, gifts go to the
Undesignated Memorial Fund*



IN MEMORY OF CLOYD KITTILSON

Undesignated: Eunice Kittleson



IN MEMORY OF MARY JUERGENS

ZLCW: Carol Weber
Karla & Mike Paurus

IN MEMORY OF KAY MATTERN

Undesignated: Jacky & Kelly Smith

IN MEMORY OF GARY HEIZELMAN

Undesignated: Ronald & Duska Lacount

IN MEMORY OF EDWINA WAHLUND

Undesignated: Larry Wahlund

IN MEMORY OF JUDEE EVENSON

Undesignated: Darlene Momerak



January 2025- Baptisms

January 2025-Funerals

Allen Sutter 1/30



Every member of Zion has a Donor Number that reflects a type of giving. Meaning if your Donor Number is 1-100 you get offering envelopes, 101-150 is Bank Giving, 151-200 is for visitors, and 401-998 is online Rebel Give giving. If your donor number does not reflect your preferred giving type call the front office and we will change that for you!

The following groups & ministries are happening now! You are invited to attend any of the following (*bring a friend*):



Men's Breakfast

Come and have breakfast with Zion dudes/fellows/gentlemen where you will eat, pray, and talk. Dick Butts, Rich Jensen, and Shelley Cole will be hosting breakfast and Ordean Huus will lead the devotions. This group meets once a month.



Next meeting is Saturday, Feb. 15th @9am

Widows & Widowers

Support & Treats with Pastor Elaine. The next meeting is
Wednesday, March 5th
@1pm



Meets @ 5:30pm on the 2nd Tuesday of the month in Youth Room.



Yarn is available if you wish to make shawls at home.

Prayer Shawls are given to people who are seriously ill or grieving.

Next meeting is Tues., Feb. 11th @5:30pm

Sisterhood Ministry

Meets monthly

Meet other women of the church while learning, celebrating and being a servant of God through monthly service projects throughout the year.



Holy Listening

Meet with a new speaker once a month in the backroom of Bootlegz. We've had all kinds of speakers in previous years. We've had first responders, business owners, etc.

Speaker and date to be Announced

Prayer Circle

Gather with others, on the last Wednesday of the month, to pray for people in our congregation, needs in the community, state and world.

Next Meeting: Wed. Feb 26th at 2pm in the Board Room.

Meets @ 2pm on the 2nd Thursday of the month in the Board Room.



This circle joins together for a monthly Bible study led by one of our pastors. Contact the office for more information.

Next meeting is Thursday, Feb. 13th @2pm

Quilting Ministry Meets @ 9am on the 3rd Monday of the month in the Fellowship Hall.



Many hands are needed to cut pieces, pin, sew and tie.

No experience necessary!

Next meeting is Monday, Feb. 17th @ 9am.

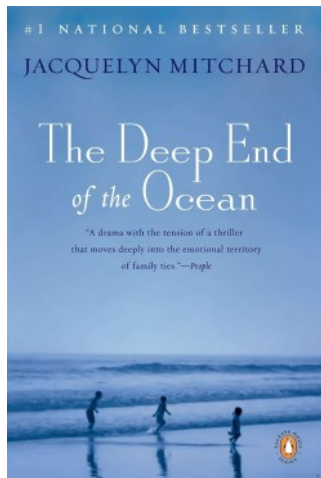
Meets every Tuesday 1pm in room 407. You can use the Southwest entrance



This group meets weekly to enjoy the art of painting. You do not have to know how to paint to join. A short lesson is

given at the beginning of the session, then conversation and painting on your own continues until 4pm. Bring your own supplies and any paint medium except oil paints due to allergies.

Coming up!



Book Club— Meets every 2nd Tuesday of the Month at 6:30pm.

February's Book is "The Deep End of the Ocean" by Jacquelyn Mitchard

Few first novels receive the kind of attention and acclaim showered on this powerful story—a nationwide bestseller, a critical success, and the first title chosen for Oprah's Book Club. Both highly suspenseful and deeply moving. *The Deep End of the Ocean* imagines every mother's worst nightmare—the disappearance of a child—as it explores a family's struggle to endure, even against extraordinary odds. Filled with compassion, humor, and brilliant observations about the texture of real life, here is a story of rare power, one that will touch readers' hearts and make them celebrate the emotions that make us all one.

*Excerpt from Amazon.com

**The Next Book Club Meeting is Tuesday, February 11th at 6:30pm

Food Faith Family Meal Schedule

February Menus

2/5 Hamburgers and hot dogs with toppings (cheese/onions/mushrooms/cilli), potato chips and dip, salad bar

2/12 Chicken noodle soup, Zuppa Toscana soup, salad bar

2/19 Taco in a boat, fruit, salad bar

2/26 Baked cavatini, corn, salad bar

We have 8 FFF teams who make our Wednesday meals possible! Many come straight from a full day of work to help provide meals. Thank you for the generous gift of your time!

I am looking forward to a great FFF year and appreciate your feedback and suggestions!

-Diana McLean

If you (or a group of individuals) would like to sponsor a meal or a portion of a Wednesday meal, please let the office know. THANK YOU IN ADVANCE!

Chair Yoga at Zion

Wed afternoons through Feb 26th from 1-2pm.

- * No experience necessary. Come enjoy an opportunity for a short 30 min session of easy chair yoga and stretching. We will end with a time of fellowship and refreshments.



Zion's Fish Fry

Friday March 7th from 3-7pm

Come enjoy a delicious COD dinner with mashed potatoes, cream corn, coleslaw, a dinner roll and dessert. \$15 for adults. \$10 for children. Tickets will be sold at the door. Volunteer opportunities available for all ages. This event supports Zion's General Fund. Reach out to Joe Stenvold or our Office Manager Amanda Babcock.

Financials

	Year to Date 2024
Income	\$669,177.93
Expenses	\$688,780.10
Net	(\$19,602.17)

*Thank
you*

For your continued support of Zion Lutheran and Zion's mission!

Please scan this QR code to give an offering to ZLC



Worship Date	On-Site	Online	Total
Dec 21st (Blue Christmas) & Dec 22nd	154	354	508
Dec 24th Christmas Eve 1:30	131	160	291
Dec 24th Christmas Eve 3:30	255	214	469
Dec 24th Christmas Eve 5:30	142	176	318
Dec 24th Christmas Eve 10	50		50
Dec 28th & Dec 29th	99	228	327
Jan 4th & 5th	125	170	295

4 ways to Give



In Person
Cash or Check
Use giving envelope
in offering plate



On-line
RebelGive
for one time giving or
recurring giving
www.zionlutheranminot.org



Mailed In
Check or in Giving
Envelope to
1800 Hiawatha Street SE
Minot ND 58701



Bank Pay
Sign up with your
bank for recurring
giving direct from
your account

Every financial gift is important to Zion. If you'd like to register for onlinegiving/automatic giving through Rebel Give. Please contact the church office or click the link on our Zion website. God bless you in your giving.

February: Global Missions Special Offering Month

As a congregation we are called to live out our faith not only within the walls of our church but throughout the world. The Evangelical Lutheran Church in America (ELCA) Global Missions provides us with a unique opportunity to do just that by joining a mission that spans continents and cultures. Supporting this ministry is not just an act of generosity—it's a reflection of our commitment to share God's love with all creation.

The ELCA Global Missions works in over 90 countries alongside companion churches and organizations to bring hope, healing, and transformation to communities in need. Through partnerships that prioritize mutual learning, respect, and shared ministry, these missions embody the idea that we are all part of one body in Christ. From providing health care and clean water to equipping pastors and leaders, the work of global missions' echoes Christ's call to love our neighbors.

This month, we are dedicating a special offering to ELCA Global Missions. Throughout the month, we invite you to prayerfully consider contributing to this vital ministry. Every gift, no matter the size, helps make a difference. Together, we can extend the love of Christ to our global neighbors and join in God's transformative work around the world. There will be special offering envelopes at worship, or you can contribute online.

Church School Updates

*John the Baptist & Baptism Rotation
*Kids' Sabbath—Wednesday, February 26th at the 6:15pm worship.

•NO CHURCH SCHOOL

On Wednesday, March 5th
& Sunday, March 9th

Zion Movie Night

*Friday, February 28th at 5:30pm

*"Mufasa: The Lion King" enlists Rafiki to relay the legend of Mufasa to young lion cub



Kiara, daughter of Simba and Nala, with Timon and Pumbaa lending their signature schtick. Told in flashbacks, the story introduces Mufasa as an orphaned cub, lost and alone until he meets a sympathetic lion named Taka—the heir to a royal bloodline. The chance meeting sets in motion an expansive journey of an extraordinary group of misfits searching for their destiny—their bonds will be tested as they work together to evade a threatening and deadly foe.

*Snacks and popcorn will be served.
**Come enjoy some movie and fellowship time!*

CAMP METIGOSHE

Registration opened January 1st! Don't miss out on your favorite camp experience! Register today! Let us know when your kiddos are signed up for camp so we can put those dates on our calendars. We love to visit our Zion kids at camp, but we can only do so if we know they are there.



BAPTISM FOR ALL



*If you are an ADULT, TEEN OR CHILD who has not been baptized, we would like to provide the opportunity for you to be baptized here at Zion.

*Baptismal Learning Session: Wednesday, February 12th from 5-6pm (supper will be served) with the hope in celebrating your baptism Wednesday, February 26th or Sunday, March 2nd.

*Please visit with Pastor Elaine or Chris if you have any questions.



HAVE YOU BEEN BAPTIZED?

For all sorts of reasons individuals may not have received the sacrament of baptism as an infant. This sacrament can be celebrated at any age or stage of life. We invite those who have not yet received this sacrament the opportunity to receive it as a group together and be educated together. What a joy this will be to officially be welcomed as members of the body of Christ through baptism at Zion!

-Pastor Elaine

Matthew 28:19-20

"Jesus came and said to them, 'All authority in heaven and on earth has been given to me! Go there fore, and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit.'"

CONFIRMATION UPDATE

Confirmation dates to add to your calendar!

Wednesday Feb. 5th- 6th-8th grade class

Wednesday Feb. 12th- 6th-9th grade class

Wednesday Feb. 19th- 6th-8th grade class

Wednesday Feb. 29th- 6th-8th grade class

UPCOMING FUNDRAISERS

Thank you to everyone that supported us in our January Fundraisers. Stay tuned for March's newsletter to see the total brought in for both February and March. Take a look at some more upcoming fundraisers.

Saturday Feb. 15th- Sweethearts Dinner-

It's the season of love. Partake in a couples' Vow Renewal during 5 o'clock worship and then enjoy a nice meal with your sweetie after.



Singles welcome to worship and support too. Tickets are \$25 per person. 82 Spots available.

March- Our Seattle Team has decided to try out a brand new fundraiser through *Double Good Popcorn*. Our youth will be sending out links to an online order form for Popcorn! If you would like to order, find a youth going to Seattle or Kortni and we can help you out!

YOUTH GROUP/BIBLE STUDY

9TH-12TH GRADERS

Every Wednesday from 8-9:30pm

Here is your February schedule of Youth Group & Bible Study!

February 5th- Bible Study

February 12th- Youth Group

February 19th- Bible Study

February 26th- Youth Group

KORTNI'S CORNY CORNER

Q: What is the best outfit for February 2nd?

A: A tu-tu!

Q: What month is the best for coffee?

A: Feb- BREW-ary!

DID YOU KNOW?

Did you know February 17th is "Random Acts of Kindness" day?

-nationaldaycalendar.com

I am sure, at some point in your life, you have been on the receiving end of someone else's random act of kindness. Maybe a stranger paid for your coffee in the drive-thru. Perhaps you received a compliment about a new outfit you were unsure if you could pull off, or something as simple as someone holding the door open for you as you walk into a space. But when you think about 'random acts of kindness,' don't they seem to go hand in hand with how we are called to treat one another as Christians?

In the Gospel of Luke, John the Baptist gave the people surrounding him examples of random acts of kindness. *Luke 3:11...* "Whoever has two coats must share with anyone who has none..." or *Micah 6:8* "... do justice, and to love kindness and to walk humbly with your God." How about *Ephesians 4:42* "... be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you."

When we look at scripture, it's not telling us to give everything we have to those in need, but there are very simple random acts of kindness that are easy to give. We all have time to stop and hold a door open, give a warm smile or donate those extra winter clothes you have lying around. We all know it feels good to be on the receiving end of someone else's act of kindness. Do your part, or I guess, calling as a follower of Christ, and share some kindness today.

*Lord, thank you for your love and kindness, help me share your love and kindness with others.
Amen.*

God's Love

G	H	L	I	G	H	T	N	A	V	A	A	A	M
R	T	T	R	U	T	H	F	S	A	I	A	O	O
A	L	E	R	E	S	E	F	E	H	E	E	A	D
C	G	E	T	E	R	N	A	L	T	G	G	A	E
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E	L	E	R	E	P	E	N	T	A	N	C	E	G

- HAPPINESS
- HOLY
- JESUS
- LIFE
- FREEDOM
- JOY
- TRUTH
- FORGIVENESS
- HEAVEN
- FAITH
- GRACE
- LIGHT
- AGAPE
- ETERNAL
- REPENTANCE

Sun

Mon

Tue

Wed

Thu

Fri

Sat

February

1 Mission Envelope Month

5pm: Worship

2

9am: Church School
9:15am Coffee Fellowship
10am: Worship
11am: Annual Meeting
1pm: Mentor Mtg 10th grade

4

1pm: Watercolor Group
6pm: Animate: Practices Bible Study & Worship Team Mtg

6

510am: Animate: Practices Bible Study
1pm: Chair Yoga
4:30pm Church School
5:15pm Food Faith Family
6:15pm: Worship
7pm: Church School & Confirmation
8pm: HS Youth Grp

7

7:30pm: Narcotics Anon Mtg

8



5pm: Worship

9

9am: Church School
9:15am Coffee Fellowship
10am: Worship

10



11

1pm: Watercolor Group
5:30pm: Prayer Shawl Min.
6pm: Animate: Practices Bible Study
6:30pm: Book Club

13

1210am: Animate
1pm: Chair Yoga
4:30pm Church School
5pm: Baptismal Learning
5:15pm Food Faith Family
6:15pm: Worship
7pm: Church School & Confirmation
8pm: HS Youth Grp

14

Valentines Day!

5pm: Worship

6pm: Sweetheart Dinner- Seattle Fundraiser

16

9:15am Coffee Fellowship
10am: Worship

17 Presidents Day

9am: Sewing Day
6pm: Finance Mtg

18

1pm: Watercolor Group
6pm: Animate: Practices Bible Study
6:30pm: Council Mtg

20

1910am: Animate: Practices Bible Study
4:30pm Church School
5:15pm Food Faith Family
6:15pm: Worship
7pm: Church School & Confirmation
8pm: HS Youth Grp

21



1pm Girl Scout Mtg
5pm: Worship

23

9am: Church School
9:15am Coffee Fellowship
10am: Worship

24

1pm: Watercolor Group
6pm: Animate: Practices Bible Study
6:30pm: Trust Mtg.

27

2610am: Animate: Practices Bible Study
1:30pm: Minot Lodge Worship
2pm Prayer Circle
4:30pm Church School
5:15pm FFF
6:15pm: Worship
7pm: Church School & Confirmation
8pm: HS Youth Grp

28

5:30pm: Zion Movie Night-Mufasa

7:30pm: Narcotics Anon Mtg

Zion Lutheran Church
1800 Hiawatha Street
Minot, ND 58701

Happy Valentine's Day



Zion Lutheran Church

Phone: 701-852-1872

Email: zlc@srt.com

Website: www.zionlutheranminot.org

Like us on [Facebook](#)

2024 Council Members

Richard Jensen President
Melissa Helgeson Vice President
Sherry Broderick Secretary
Matt Sundahl
Matt Stephens
Joe Stenvold
Gary Leslie
Amanda Mahulum
Bostyn Edwards Youth Member
Lead Pastor Elaine Sveet
Pastor Natasha Kolles

Our Purpose:

Loved by God – Living out the Love of Jesus

Our Guiding Principles:

growing spiritually *to be more like Jesus*
actively caring *for one another*
welcoming and inviting *all people*
giving generously *to join in God's work*
joyfully serving *as Christ's hands and feet*
living faithfully *in daily life*